

# WAYS TO HELP OUR PLANET

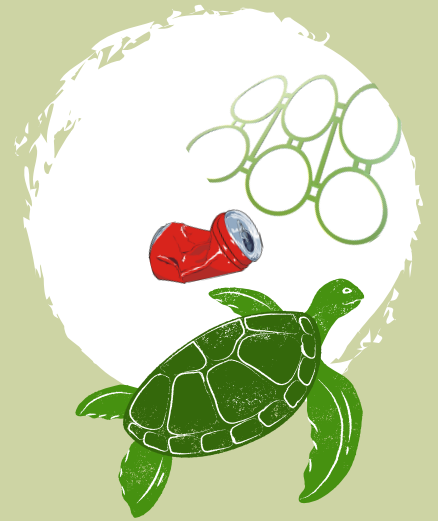


**1. Use less water so we save it for times of drought.**

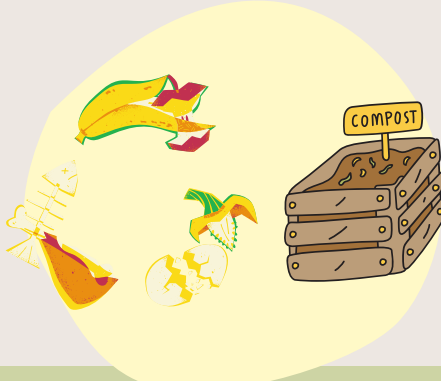
**2. Use my refillable water bottle instead of using disposable plastic water bottles.**



**3. Never throw plastic or garbage in the ocean. It harms the animals that live there.**



**4. Recycle and make things out of used paper and plastic containers.**



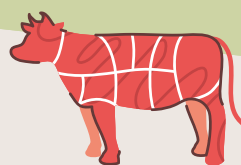
**5. Compost and minimize food waste.**

**6. Use plastic bags more than once.**



**6. Bring your own bags when shopping.**

**7. Eat less meat.**



**8. Use motor free transportation such as riding a bike, using a scooter or walking.**



**I can help take care of the earth!**